



# Adult Care Center of Roanoke Valley

## SNACK MENU

### Served with Every Meal:

Orange, Grape and Apple Juices,  
Skim Milk, and Coffee or Tea

Monday	Tuesday	Wednesday	Thursday	Friday
	1	<u>NATIONAL ICE CREAM SANDWICH DAY!</u> 2	3	4
	AM: Scrambled Eggs PM: Nutri Grain Bar and Crackers	AM: Biscuits w/ Gravy PM: Ice Cream Sandwich	AM: Toast w/ Strawberry Jelly PM: Apple Pie	AM: Hard Boiled Eggs PM: Turkey & Cheese Sandwiches
7	8	9	10	11
AM: Waffles w/ Syrup PM: Pimento Cheese Sandwich	AM: Peanut Butter Toast PM: Sweet Potato Pie	AM: Quiche PM: Bread Pudding	AM: Cinnamon Raisin Toast PM: Soup w/ Crackers	AM: Hash Browns PM: BIRTHDAY CAKE!
14	15	16	17	18
AM: Had Boiled Eggs PM: Bologna & Cheese Sandwich	AM: Sausage & Cheese Biscuits PM: German Chocolate Cake	AM: Cinnamon French Toast PM: Peanut Butter & Cereal Ball	AM: Potato Cake PM: Spiced Apple Sauce Muffins	AM: Pancakes w/ Syrup PM: Ham & Cheese Sandwich
21	22	23	24	25
AM: Cheese Strata PM: Shrimp Salad Sandwich	AM: Cinnamon Raisin Toast PM: Vanilla Muffins	AM: Waffles w/ Syrup PM: Chef's Choice Pie	AM: Grape Jelly Toast PM: Mini Pizza	AM: Hard Boiled Eggs PM: Pound Cake
28	29	30	31	
AM: Hash Browns PM: Pudding and Crackers	AM: Raisin Oatmeal PM: Lemon Cake	AM: Hard Boiled Eggs PM: Soup w/ Crackers	AM: Breakfast Pizza PM: Fruit Cup	