

# Adult Care Center of Roanoke Valley

# Activity Calendar



## 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>MARIE ANDERSON 4</b>
<p><b><u>FYI:</u></b></p> <p><i>The Caregiver's Support Group is held the second Tuesday of every month. Come join us on August 8<sup>th</sup> at 1:30pm.</i></p> <p><i>Meals (see attached menus)</i>            9:30 – AM Snack            12 Noon – Lunch            2:30 – PM Snack</p>	<p>10:00 Bingo</p> <p>11:00 Current Events</p> <p>11:30 Up &amp; At It!</p> <p>1:00 August IQ</p> <p>1:00 Board Games</p> <p>1:30 Common Words</p> <p>2:00 Afternoon Stretch</p> <p>3:00 Lightening</p> <p>List It Game!</p> <p>3:30 Horseshoes</p> <p>4:00 Reminisce</p> <p>4:30 Viewer's Choice</p>	<p>10:00 Current Events</p> <p>10:30 Senior Zumba</p> <p>11:00 Word Games</p> <p>Wednesday</p> <p>1:00 Football Trivia</p> <p>1:00 National Coloring</p> <p>Book Day</p> <p>2:00 Charades</p> <p>3:00 Yoga with Jeanni!</p> <p>3:30 Bowling</p> <p>4:00 Music Requests</p> <p>4:30 Viewer's Choice</p>	<p>10:00 Current Events</p> <p>10:00 Walking Club</p> <p>10:30 Chair Aerobics</p> <p><b>11:00 Rev. Glokner</b></p> <p><b>1:00 Faith Fellowship</b></p> <p>2:00 Senior Stretch</p> <p>3:00 Categories</p> <p>3:00 Card Sharks</p> <p>4:00 Reminisce</p> <p>4:30 Viewer's Choice</p>	<p>10:00 Bingo</p> <p>11:00 Current Events</p> <p>11:30 Senior Zumba</p> <p><b>1:00 Marie Anderson</b></p> <p><b>1:00 Blue Finger Tie Dye Party</b></p> <p>2:00 Afternoon Stretch</p> <p>3:00 Rhyme Time</p> <p>3:30 Pictionary</p> <p>4:30 Viewer's Choice</p>

<p style="text-align: right;"><b>7</b></p> <p>10:00 Current Events  10:30 Mad Libs  11:30 Up &amp; At It!  1:00 Jeopardy  1:00 Crafty Creations  2:00 Charades  3:00 Yoga with Jeanni!  3:30 Nutrition  3:30 Journaling  4:00 Horseshoes  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>8</b></p> <p>10:00 Bingo  11:00 Current Events  11:00 Card Sharks  11:30 Chair Aerobics  1:00 Balloon Volleyball  2:00 Afternoon Stretch  3:00 Basketball  3:00 Pen Pal Club  3:30 Trivia  4:00 Reminisce  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>9</b></p> <p>10:00 Current Events  10:00 Walking Club  10:30 Morning Movement  10:30 Bible Study  with Chris  11:00 Word Games  Wednesday  1:00 Spelling Bee  1:00 Board Games  2:00 Oddly Obvious  3:00 Yoga with Jeanni!  3:30 Horseshoes  4:00 Reminisce  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>10</b></p> <p>10:00 Current Events  10:30 Seated Exercise  <b>11:00 Rev. Glokner</b>  1:00 Football Trivia  2:00 UP and Moving  3:00 All Mixed Up  3:00 Bizzy Beads  3:30 Lightening  List It Game!  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>SAXY KEYS 11</b></p> <p>10:00 Bingo  11:00 Current Events  11:00 Coloring Club  11:30 Senior Zumba  <b>1:00 Saxy Keys</b>  2:00 August Birthdays  Birthday Party  3:00 Afternoon Stretch  3:30 Word Mining  3:30 Pictionary  4:30 Viewer's Choice</p>
<p style="text-align: right;"><b>14</b></p> <p>10:00 Current Events  10:30 Up and Moving  11:00 Cranium Crunches  1:00 Categories  1:00 Board Games  2:00 Horseshoes  3:00 Yoga with Jeanni!  3:30 Nutrition  4:00 Oddly Obvious  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>15</b></p> <p>10:00 Bingo  11:00 Current Events  11:30 Up and Moving  1:00 Word Mining  <b>1:15 Paint Class with  Bobby Wood</b>  2:00 Afternoon Stretch  3:00 Trivia  3:00 Coloring Club  3:30 Mad Libs  4:00 Music Requests  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>16</b></p> <p>10:00 Current Events  10:30 Senior Zumba  11:00 Word Games  Wednesday  1:00 Balloon Volleyball  <b>1:15 Arts Fusion</b>  2:00 Charades  3:00 Yoga with Jeanni!  3:30 Bowling  4:00 Reminisce  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>17</b></p> <p>10:00 Current Events  10:30 Seated  Strength  <b>11:00 Rev. Glokner</b>  <b>1:00 Faith Fellowship</b>  2:00 Seated Exercise  3:00 Summer Scrabble  3:00 Card Sharks  3:30 Pictionary  4:30 Viewer's Choice</p>	<p style="text-align: right;"><b>RAGTOP 18</b></p> <p>10:00 Bingo  10:00 Walking Club  11:00 Current Events  11:30 Seated Strength  <b>1:00 RagTop</b>  2:00 Seated Strength  3:00 Football Trivia  3:00 Coloring Club  4:00 Reminisce  4:30 Viewer's Choice</p>

WARREN & JAKE 21	ROBBIE VANCE 22	23	24	KEITH CAMPBELL 25
10:00 Current Events 10:30 Chair Aerobics 11:00 Word Mining <b>1:00 Warren &amp; Jake</b> 2:00 Hangman <b>2:30 Solar Eclipse Viewing Party!</b> 3:00 Yoga with Jeanni! 3:30 Nutrition 4:00 Reminisce 4:30 Viewer's Choice	10:00 Bingo 11:00 Walking Club 11:00 Current Events 11:30 Up & At It! <b>1:00 Robbie Vance</b> 2:00 UP and Moving! 3:00 Toy Talk! 3:00 Coloring Club 4:00 Hangman 4:30 Viewer's Choice	10:00 Current Events 10:30 Seated Exercise 10:30 Bible Study with Chris 11:00 Word Games Wednesday 11:00 Card Sharks 1:00 Work of Art Wednesday 2:00 Golf Tournament 3:00 Yoga with Jeanni! 3:30 Music Requests 4:00 Reminisce 4:30 Viewer's Choice	10:00 Current Events 10:30 Senior Zumba <b>11:00 Rev. Glokner</b> 1:00 Balloon Volleyball 2:00 Chair Aerobics 3:00 Word Matching 3:00 Board Games 3:30 Pictionary 4:30 Viewer's Choice  <b>*1:00 BOWLING TRIP*</b>	10:00 Bingo 11:00 Current Events 11:00 Journaling 11:30 Chair Aerobics <b>1:00 Keith Campbell</b> 2:00 Senior Stretch 3:00 Categories 3:00 Coloring Club 4:00 Reminisce 4:30 Viewer's Choice
28	29	30	31	
10:00 Current Events 10:00 Walking Club 10:30 Chair Aerobics 11:00 "I Have A Dream" 11:00 Pen Pal Club 1:00 Horseshoe Tournament 1:00 Bizzy Beads 1:30 Minute To Win It 3:00 Yoga with Jeanni! 3:30 Nutrition 4:00 Reminisce 4:30 Viewer's Choice	10:00 Bingo 11:00 Current Events 11:30 Up & At It! 1:00 Oddly Obvious 1:00 Crafty Creations 2:00 Afternoon Stretch 3:00 Cornhole 3:30 Pictionary 4:30 Viewer's Choice	10:00 Current Events 10:30 Senior Zumba 11:00 Word Games Wednesday 1:00 Balloon Volleyball 2:00 Charades 3:00 Yoga with Jeanni! 3:30 Categories 3:30 Board Games 4:30 Viewer's Choice	10:00 Current Events 10:30 Morning Movement <b>11:00 Rev. Glokner</b> 1:00 Jeopardy <b>1:00 Woodworking Class with Rick</b> 2:00 Basketball 3:00 Football Trivia 3:00 Card Sharks 4:00 Reminisce 4:30 Viewer's Choice	