

ADULT CARE CENTRE OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

BREAKFAST AND AFTERNOON MEAL MENU

DECEMBER, 2017

Saturday/Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1. AM: Cinnamon French Toast PM: Ham & Cheese Sandwich
2/3 Closed	4. AM: Cheesy Eggs with Bread PM: Turkey & Cheese Sandwich	5. AM: Waffle with Syrup PM: Bread Pudding	6. AM: Grape Jelly Toast PM: Chicken Noodles Soup	7. AM: Biscuits With Gravy PM: Lemon Morang Cake	8. AM: Rectangle Hash Brown PM: Pimento Cheese Toast
9/10 Closed	11. AM: Pan Cake With Syrup PM: Chicken Salad Sandwich	12. AM: Oats Meal with Raisin PM: Meat Ball with Marinara Sauce	13. AM: Hard Boil Eggs with Bread Stick PM: Apple Pie	14. AM: Potato Cake PM: Bologna with Cheese Sandwich	15. AM: Apple Butter Toast PM: Chocolate Cake
16/17 Closed	18. AM: Breakfast Casserole PM: Shrimp Salad Sandwich	19. AM: Quiche PM: Chicken Nuggets	20. AM: Strawberry Jelly Toast PM: Rice Pudding	21. AM: Scrambled Egg with Bread PM: Sweet Potatoes Pie	22. AM: Biscuits & cheese Sauces sandwich PM: Pizza
23/24/ 25/26 Closed 			27. AM: Waffle with Syrup PM: Fruits Cup and Crackers	28. AM: Cereal with Milk PM: Pound Cake	29. AM: Hard Boil Eggs with Bread Stick PM: Tomato Basil Soup and Cracker

Serving with Every Meals

Juices: Orange/Grape/ Apple

Drinks : milk/Coffee

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