

LUNCH MENU

Saturday Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Closed	1 Closed	2 Wheat Bread Ham Macaroni Salad Mixed Vegetables Jello	3 Wheat Bread Tuna Salad Corn Broccoli Cauliflower Salad Sherbert	4 Bun Chicken Marinara Scalloped Potatoes Mixed Greens Pineapple	5 Roll Meatloaf Baked Beans Peas Cobbler
6 & 7 Closed	8 Roll Beef Stroganoff Broccoli Cinnamon Apples Ice Cream	9 Wheat Chicken Breast Mashed Potatoes Collard Greens Cookie	10 Bun Hamburger Tossed Salad Tater Tots Mixed Fruit	11 Bun Pulled Pork Slaw Pinto Beans Bananas	12 Roll Chicken Rice Casserole Green Beans Stewed Tomatoes Peaches
13 & 14 Closed	15 Roll Tuna Casserole Peas Carrots Jello	16 Wheat Ham Yams Mixed Vegetables Pineapples	17 Roll Meat Sauce w/Spaghetti Corn Lima Beans Pears	18 Wheat Bread Shepherd's Pie Spinach Stewed Tomatoes Jello	19 Bun Chicken Breast Fried Tossed Salad Coleslaw Cookies
20 & 21 Closed	22 Roll Chicken Pot Pie Beets Spinach Cinnamon Apples	23 Wheat Bread Chicken Salad Cucumber Tom Salad Slaw Peaches	24 Roll Salisbury Steak Scalloped Potatoes Mixed Vegetables Bananas	25 Roll Lasagna Carrots Broccoli Sherbert	26 Wheat Fish Roasted Potatoes Green Beans Mixed Fruit

27&28 Closed	29 Roll Beef Stew Beets Peaches Pudding	30 Tuna Salad Slaw Steamed Broccoli Jello	31 Roll Meatloaf Baked Beans Spinach Pears	January 2018 Serving in Every Meals Juices: Orange/Grape/ Apple Milk: Skim milk Other Drinks: Coffee/Tea	
-----------------------------------	---	--	--	---	--

Adult Care Center Roanoke Valley, Salem, Virginia 24153