

# ADULT CARE CENTER OF ROANOKE VALLEY

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## BREAKFAST AND AFTERNOON SNACK MENUS

# JANUARY

Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Serving with Every Meals</u></p> <p><b>Juices:</b> Orange/Grape/Apple</p> <p><b>Drinks:</b> Milk/Coffee</p>	<p><b>1.</b></p> <p style="font-size: 2em; font-weight: bold;">Closed</p>	<p><b>2.</b></p> <p><b>AM:</b> Fried Apples</p> <p><b>PM:</b> Ham &amp; Cheese Sandwich</p>	<p><b>3.</b></p> <p><b>AM:</b> Biscuits with Gravy</p> <p><b>PM:</b> Gold Fish</p>	<p><b>4.</b></p> <p><b>AM:</b> Scrambled Eggs</p> <p><b>PM:</b> Sloppy Joe</p>	<p><b>5.</b></p> <p><b>AM:</b> Pancakes</p> <p><b>PM:</b> Jello with Fruit</p>
<p><b>6/7</b></p> <p style="font-weight: bold;">Closed</p>	<p><b>8.</b></p> <p><b>AM:</b> Cereal</p> <p><b>PM:</b> Mini Pizza</p>	<p><b>9.</b></p> <p><b>AM:</b> French Toast w/Syrup</p> <p><b>PM:</b> Macaroni Salad</p>	<p><b>10.</b></p> <p><b>AM:</b> Powdered Sugar Toast</p> <p><b>PM:</b> Chicken Nuggets</p>	<p><b>11.</b></p> <p><b>AM:</b> Scrambled Eggs</p> <p><b>PM:</b> Potato Cake</p>	<p><b>12.</b></p> <p><b>AM:</b> Fruit Salad</p> <p><b>PM:</b> Turkey Sandwich</p>
<p><b>13/14</b></p> <p style="font-weight: bold;">Closed</p>	<p><b>15.</b></p> <p><b>AM:</b> Apple Butter Toast</p> <p><b>PM:</b> Egg Salad</p>	<p><b>16.</b></p> <p><b>AM:</b> Banana Cereal</p> <p><b>PM:</b> Graham Crackers with Peanut Butter</p>	<p><b>17.</b></p> <p><b>AM:</b> Baked Hash Browns</p> <p><b>PM:</b> Cheese and Crackers</p>	<p><b>18.</b></p> <p><b>AM:</b> Eggs &amp; Toast</p> <p><b>PM:</b> Banana Cake</p>	<p><b>19.</b></p> <p><b>AM:</b> Apple Sauce Muffins</p> <p><b>PM:</b> Ham Sandwich</p>
<p><b>20/21</b></p> <p style="font-weight: bold;">Closed</p>	<p><b>22.</b></p> <p><b>AM:</b> French Toast</p> <p><b>PM:</b> Pimento Cheese Sandwiches</p>	<p><b>23.</b></p> <p><b>AM:</b> Banana Roll</p> <p><b>PM:</b> Apple Pie</p>	<p><b>24.</b></p> <p><b>AM:</b> Fried Potatoes</p> <p><b>PM:</b> Pumpkin Cake</p>	<p><b>25.</b></p> <p><b>AM:</b> Pancakes</p> <p><b>PM:</b> Chili</p>	<p><b>26.</b></p> <p><b>AM:</b> Cinnamon Raisin Toast</p> <p><b>PM:</b> Chicken Salad &amp; Crackers</p>
<p><b>27/28</b></p> <p style="font-weight: bold;">Closed</p>	<p><b>29.</b></p> <p><b>AM:</b> Toast with Cheese</p> <p><b>PM:</b> Tapioca Pudding</p>	<p><b>30.</b></p> <p><b>AM:</b> Scrambled Eggs, Cheese &amp; Sausage</p> <p><b>PM:</b> Fruit Cup/Cracker</p>	<p><b>31.</b></p> <p><b>AM:</b> Biscuits &amp; Gravy</p> <p><b>PM:</b> Turkey &amp; Cheese Sandwiches</p>	 <p style="font-weight: bold; text-align: center;">Serving with Every Meals Juices: Orange, Grape, Apple Drinks: Milk, Coffee, Tea</p>	

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