

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

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BREAKFAST AND AFTERNOON SNACK MENUS



Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Serving with Every Meals</u></p> <p>Juices: Orange/Grape/Apple</p> <p>Drinks: Milk/Coffee</p>				<p>1. AM: Toast & Cheese</p> <p>PM: Ham & Cheese Sandwiches</p>	<p>2 AM: Scrambled Eggs</p> <p>PM: Jello w/Fruit</p>
<p>3/4 Closed</p>	<p>5. AM: Oatmeal w/Raisins</p> <p>PM: Meatball Marinara</p>	<p>6. AM: Toast w/Cheese</p> <p>PM: Chicken Salad Sandwiches</p>	<p>7. AM: Scrambled Eggs</p> <p>PM: Chicken Nuggets</p>	<p>8. AM: Fried Potatoes</p> <p>PM: Bread Pudding</p>	<p>9. AM: Banana Cereal</p> <p>PM: Gold Fish</p>
<p>10/11 Closed</p>	<p>12. AM: French Toast</p> <p>PM: Chicken Noodle Soup & Crackers</p>	<p>13. AM: Oatmeal</p> <p>PM: Pudding</p>	<p>14. AM: English Muffins</p> <p>PM: V-Day Cupcakes</p>	<p>15. AM: Pancakes</p> <p>PM: Gelatin Salad</p>	<p>16. AM: Strawberry Jelly Toast</p> <p>PM: Dump Cake</p>
<p>17/18 Closed</p>	<p>19. AM: Biscuits w/Gravy</p> <p>PM: Ham & Cheese Sandwich</p>	<p>20. AM: Fried Apples</p> <p>PM: Pound Cake</p>	<p>21. AM: Cereal w/Milk</p> <p>PM: Crackers & Cheese</p>	<p>22. AM: Cinnamon Raisin Toast</p> <p>PM: Sloppy Joe</p>	<p>23. AM: Cheesy Eggs w/Toast</p> <p>PM: Chocolate Cake</p>
<p>24/25 Closed</p>	<p>26. AM: Pancakes</p> <p>PM: Turkey /Cheese Sandwich</p>	<p>27. AM: Apple Butter Toast</p> <p>PM: Chili</p>	<p>28. AM: Biscuits w/Gravy</p> <p>PM: Macaroni Salad</p>	<p>Serving with Every Meal Juices: Orange, Grape, Apple Drinks: Milk, Coffee, Tea</p>	

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