

**ADULT CARE CENTER OF ROANOKE VALLEY**  
2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax: 540-981-2353

**BREAKFAST AND AFTERNOON SNACK MENUS**



Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
Serving with Every Meal Juices: Orange, Grape, Apple Drinks: Milk, Coffee				1. AM: French Toast w/Sugar Free Syrup  PM: Yogurt	2 AM: Potato Hash Brown Patties PM: Peanut Butter & Jelly Sandwich
3/4 Closed	5. AM: Hardboiled Eggs/Toast  PM: Pimento Cheese Sandwiches	6. AM: Fried Apples  PM: Meatballs w/BBQ Sauce	7. AM: Cereal w/Milk  PM: Fruit Salad	8. AM: Biscuits w/Gravy  PM: Pound Cake	9. AM: Muffins  PM: Chicken Nuggets
10/11 Closed	12. AM: Scrambled Eggs  PM: Angel Food Cake w/cherries/whipped topping	13. AM: Toast w/Jelly  PM: Macaroni Salad	14. AM: Hot Applesauce  PM: Mini Pizza	15. AM: Oatmeal  PM: Mac'n Cheese	16. AM: Cereal with Milk  PM: Banana Pudding
17/18 Closed	19. AM: Pancakes  PM: Sloppy Joe	20. AM: Fried Apples  PM: Grilled Cheese/Soup	21. AM: Cinnamon Raisin Toast  PM: Chicken Nuggests	22. AM: Spinach Quiche  PM: Jello w/Fruit	23. AM: French Toast  PM: Tuna Salad w/Crackers
24/25 Closed	26. AM: Waffles w/Syrup  PM: Cheese & Crackers	27. AM: Scrambled Eggs  PM: Muffins	28. AM: Oatmeal  PM: Cookies	29. AM: Hash Browns  PM: Mac'n Cheese	30. AM: Sausage Biscuits  PM: Brownies

<b>31</b> <b>Closed</b>					
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