

Adult Care Center of Roanoke Valley Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Happy Father's Day to all our Fathers! June 17th</p>	<p style="text-align: center;">Celebrating and Honoring our Certified Nursing Assistants June 14-21, 2018</p> <p style="text-align: center;">Please extend your heartfelt thanks and appreciation to our incredible team of CNAs!</p> <p style="text-align: center;">National Rose Month</p>	<p>FYI: The Caregiver's Support Group is held the second Tuesday of every month.</p> <p>Come join us on June 12 at 1:30 p.m. in the Sunroom for a speaker: Robyn Smith Ellis, Elder Law Services.</p>	<p>Meals (see attached menu) 9:30 – AM Snack 12 Noon – Lunch 2:30 PM – Snack</p> <p>Daily Alternative Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	<p style="text-align: right;">1</p> <p>10:00 Bingo/Tic Tac Toe 10:30 Seated Strength 11:00 Marc Baskind's Friend 1:00 Current Events 1:30 Best Way to Make Your Roses Last Longer 2:00 Exercises 3:00 Corn Hole 3:30 Coloring Club & History Facts 4:00 Healthy Living 4:30 Hangman 5:00 Movie</p>

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
10:00 Target Toss 10:30 Chair Aerobics 11:00 Remembering the Beach 11:30 Current Events 1:00 Marie Anderson 2:00 Basketball 3:00 Yoga w/Jeanni 3:30 You Be the Judge 4:00 Drums for Fun 4:30 Create a Story 5:00 Movie	10:00 Bingo/Tic Tac Toe 10:00 Outing: Bowling 11:00 Walking Club/Spelling Bee 11:30 Seated Strength 1:00 Balloon Volleyball 2:00 Current Events 3:00 Exercises 3:30 Travelogue: Hawaii 4:00 Short Stories 4:30 Hoo-la--hoop Games 5:00 Movie Crafts All Day	10:00 Gardening/ Word Game 10:30 Exercises 11:00 Table Games 11:30 Current Events 1:00 Tic Tac Toe 1:30 Golf 2:00 Crafts/Remembering Beach Boys 3:00 Yoga with Jeanni 3:30 Corn Hole Tournament 4:00 National Parks: West Virginia 4:30 Dolly Parton 5:00 Movie	10:00 Bean Bag Toss 10:30 Chair Aerobics 11:00 Reverend Glokner 1:00 Saxy Keys 2:00 Corn Hole 2:30 Make Your Own Sundae Party 3:00 Exercises/Men's Group 3:30 I Am Going to Greek Isles and ... 4:00 Current Events 4:30 Trivia 5:00 Movie Crafts All Day	10:00 Bingo/Tic Tac Toe 11:00 Exercises 11:30 Current Events/Walking Club 1:00 Afternoon Stretch 1:30 Coloring Club/Hangman 2:00 Brown Bag 3:00 Ball Toss 3:30 Trivia 4:00 Reader's Digest Tidbits 4:30 Nutrition 5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
10:00 Target Toss 10:30 Chair Aerobics 11:00 Council Meeting 11:30 Current Events 1:00 Interesting Facts About Walt Disney 1:30 The Handyman Wordfit 2:00 Flag Day Trivia 3:00 Yoga w/Jeanni 3:30 Basketball 4:00 Mixed Up Father's Day	10:00 Bingo/Tic Tac Toe 10:30 Morning Movement 11:00 Dads Discussion 11:30 Current Events 1:00 Bobby Wood Painting/Keith Campbell 2:00 Seated Strength 3:00 Parachute Games 3:30 Father's Day Puzzle 4:00 Noodle Fight	10:00 Exercises/Bible Study 10:30 Drive & Dine at Franks/Statue of Liberty 11:00 Word Mining 11:30 Current Events 1:00 Make Your Own Pizza 1:30 Crafts/Table Games 2:00 Golf 3:00 Yoga with Jeanni 3:30 Flag Day	Happy Flag Day! 10:00 Bean Bag Toss 10:30 Senior Stretch 11:00 Rev. Glokner 1:00 Retro Metro 2:00 Let's Celebrate Our C.N.A.s! 3:00 Current Events 3:30 Exercises 4:00 US Flags 4:30 Flag Day Poems 5:00 Movie	10:00 Bingo/Corn Hole 11:00 Current Events 11:30 Exercises 1:00 Flag Day Secret Quotes 1:30 Corn Hole 2:00 Home Depot Project/Up and Moving 3:00 Spelling Allegiance 3:30 Flag Day Word Search 4:00 Remember When

4:30 Therabands 5:00 Movie	4:30 Travelogue: California Coast 5:00 Movie Crafts All Day	Matching Puzzle 4:00 Who Am I? Betsy Ross 4:30 Therabands 5:00 Movie	Crafts All Day	4:30 Fatherly Wit and Wisdom 5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
National Picnic Day 10:00 Exercises 10:30 Picnic Outing to Park/Discussion on Hobbies 11:00 Remembering John F. Kennedy 11:30 Current Events 1:00 Science Lesson: Turtles 1:30 Famous Quotes 2:00 Card Games/Hot Air Balloons 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Word Rhymes 4:30 Geography Lesson 5:00 Movie	10:00 Bingo 11:00 Current Events 11:30 Exercises 1:00 Robbie Vance 2:00 Speaker: Red Cross Presents John Carroll Meteorologist on Disaster Preparedness 3:00 Therabands 3:30 Visiting Australia 4:00 Cornhole 4:30 Remember When 5:00 Movie Crafts All Day	10:00 Gardening/Tic Tac Toe 10:00 Outing: Bowling 10:30 Up and At It 11:00 Word Mining 11:30 Current Events 1:00 RagTop 2:00 Philadelphia: Then and Now Part I 3:00 Yoga with Jeanni 3:30 Trivia 4:30 Famous June Birthdays 5:00 Movie	10:00 Bowling/ Current Events 10:30 Exercises 11:00 Rev. Glokner 1:00 Hermitage Balladeers 2:00 Afternoon Exercise 3:00 Parachute Games/Men's Group 3:30 Golf 4:00 Word Search 4:30 Target Toss 5:00 Movie Crafts All Day	10:00 Bingo/Picture Puzzles 11:00 Current Events 11:30 Seated Strength 1:00 Corn Hole 1:30 Chair Aerobics 2:00 Name Yellow Objects 3:00 Coloring Club/Table Games 3:30 Hula Hoop Fun 4:00 Travelogue: Wyoming 4:30 Sports Talk 5:00 Movie

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
10:00 Word Search 10:30 Morning Exercise 11:00 Corn Hole 11:30 Current Events 1:00 You Be the Judge 1:30 Favorite Songs 2:00 Card Games/Golf 3:00 Yoga w/Jeanni 3:30 Word Rhymes 4:00 Photographs of Summer Flowers 4:30 Categories 5:00 Movie	10:00 Bingo 10:30 Morning Movement 11:00 Walking Club/Remember When 11:30 Current Events 1:00 Frank & Friends 2:00 Chair Aerobics 2:30 Monthly Birthday Party 3:00 Balloon Volleyball 4:00 Jokes 4:30 Trivia 5:00 Movie Crafts All Day	10:00 Current Events 10:00 Outing: Bowling/Bible Study 10:30 Up & At It 11:00 Word Mining 11:30 Family Memories 1:00 Crafts 1:30 Pictionary 2:00 Horseshoes 3:00 Yoga w/Jeanni 3:30 Parachute Games 4:00 Name that Object 4:30 Pack a Picnic Basket 5:00 Movie	10:00 Current Events 10:30 Warm-Up Exercises 11:00 Rev. Glokner 1:00 Crafts & Brown Bag 1:30 Roanoke Artists 2:00 Jazzercise 3:00 Bingo 3:30 Collages/Horseracing 4:00 Spelling Bee 4:30 Spotlight on Lou Gehrig 5:00 Movie Crafts All Day	10:00 Bingo/Coloring Club 11:00 Current Events 11:30 Exercises 1:00 Word Mining 1:30 Corn Hole 2:00 Up and Moving 3:00 I'm Going On a Picnic and... 3:30 Horseracing 4:00 Remembering Fred Astaire 4:30 HulaHoop Fun 5:00 Movie