



Adult Care Center of Roanoke Valley

SNACK MENU

Served with Every Meal:

Orange, Grape and Apple Juices,
Skim Milk, and Coffee or Tea

Monday	Tuesday	Wednesday	Thursday	Friday
		AM: French Toast w/ syrup PM: Yogurt Parfaits	² <u>NATIONAL ICE CREAM</u> ¹ <u>SANDWICH DAY!</u> AM: Fried Apples w/ raisins PM: Ice Cream Sandwiches	³ AM: Waffles w/ syrup PM: Turkey & Cheese Sandwiches
⁶ AM: Cereal w/ Milk PM: Cookies	⁷ AM: Muffins PM: Chicken Quesadillas	⁸ AM: Boiled Eggs w/ Toast PM: Make YOUR OWN ICE CREAM SUNDAES!!	⁹ AM: Hash Browns w/ cheese PM: Rice Pudding	¹⁰ AM: Breakfast enchiladas PM: Pimento cheese sandwiches
¹³ AM: Cinnamon Raisin Toast PM: Banana Pudding	¹⁴ AM: Scrambled Eggs w/ Toast PM: Pizza Rolls	¹⁵ AM: Sausage Gravy & Biscuits PM: Egg Salad Sandwiches	¹⁶ AM: Corned Beef Hash w/ Toast PM: Brownies	¹⁷ AM: Oatmeal w/ fruit PM: CHILI COOKOFF!!
²⁰ AM: Sausage & Cheese Biscuits PM: Dump Cake	²¹ AM: Scrambled Eggs w/ Toast PM: Bologna & cheese sandwiches	²² AM: Muffins PM: MAKE YOUR OWN PIZZA!!	²³ AM: Cinnamon Rolls PM: Cheese Puffs	²⁴ AM: Waffles w/ syrup PM: Nachoes
²⁷ AM: Homemade Doughnuts	²⁸ AM: Cheesy Egg Toast	²⁹ AM: Sausage Gravy &	³⁰ AM: Oatmeal w/ fruit	³¹ AM: Pancakes w/ syrup

PM: Peanut Butter Crackers	PM: Stuffed Shells	Biscuits PM: Crackers and Dip	PM: BIRTHDAY CAKE!!	PM: MAKE YOUR OWN TACOS!!
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