

Adult Care Center of Roanoke Valley

Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Grandparents Day!</p> <p>We honor all our grandparents on Sunday, September 9th!</p> <p>Thank-you for your wisdom and the legacies that you pass on to the generations!</p>	<p>Wear or Bring a special hat on Monday, September 17th for Hat Day!</p> <p>We will talk about our Hats at 1:30 p.m.</p>	<p>Meals (see attached menu)</p> <p>9:30 – AM Snack 12 Noon – Lunch 2:30 PM – Snack</p> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>		<p>The Caregiver’s Support Group is held the second Tuesday of every month.</p> <p>Save Date of: Tues. Sept. 11 1:30-3:00 p.m. ACCRV Conference Room</p>

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Happy Labor Day Center Closed	10:00 Bingo/Tic Tac Toe 10:00 Occupational Food for Thought 10:30 Sports Talk 11:00 Walking Club/Spelling Bee 11:30 Seated Strength 1:00 Nice Job Crossword 1:30 Spelling Grandparents 2:00 Current Events 3:00 Exercises 3:30 Labor Day Laborers Trivia 4:00 Hoola Hoop Games 4:30 What's My Job? 5:00 Movie Crafts All Day	10:00 Gardening 10:30 Exercises 11:00 Labor Categories 11:30 Current Events 1:00 Tic Tac Toe 1:30 Golf 2:00 Crafts/Grandparents Secret Quote 3:00 Yoga w/Jeanni 3:30 Corn Hole Tournament 4:00 Labor Day Term Matching 4:30 The Joys of Grandparenting 5:00 Movie	10:00 Bean Bag Toss 10:30 Outing: Salem Historical Museum/Chair Aerobics 11:00 Reverend Glokner 1:00 Bernadette's Music Ministry 2:00 Current Events 3:00 Exercises 3:30 Meet Milton Hershey of Hershey's Chocolate 4:00 Horseracing 4:30 Vocations Discussion 5:00 Movie Crafts All Day	10:00 Bingo/Balloon Volleyball 10:30 Exercises 11:00 Marc Baskinds 1:00 Afternoon Stretch 1:30 Honoring our Grandparents Party/The Special Bond 2:00 Brown Bag 3:00 Current Events 3:30 Categories 4:00 Reader's Digest Tidbits 4:30 Remembering School Days 5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
10:00 Target Toss 10:30 Chair Aerobics 11:00 Council Meeting 11:30 Current Events 1:00 Marie Anderson 2:00 September Facts 3:00 Yoga w/Jeanni	9:30 Outing: Bowling 10:00 Bingo/Tic Tac Toe 10:30 Morning Movement 11:00 Walking Club/Golf 11:30 Current Events 1:00 A Grand Match 2:00 Seated Strength	10:00 Exercises 10:30 Create a Story 11:00 Word Mining 11:30 Current Events 1:00 Car Show/Tic Tac Toe 1:30 Crafts/Table Games	10:00 Bean Bag Toss 10:30 Scenic Tour and Picnic/Current Events 10:30 Senior Stretch 11:00 Rev. Glokner 1:00 Saxy Keys 3:00 Men's Group/Current Events	10:00 Bingo w/Intrepid/Corn Hole 10:30 Let's Chat 11:00 Current Events 11:30 Exercises 1:00 Categories 1:30 History of Knots 2:00 Up and Moving

3:30 Basketball 4:00 Remembering Johnny Appleseed 4:30 Therabands 5:00 Movie	3:00 Parachute Games 3:30 Star of the Month: Paul Newman 4:00 Noodle Fight 4:30 Travelogue: Fall Photos 5:00 Movie Crafts All Day	2:00 Corn Hole Tournament 3:00 Yoga w/Jeanni 3:30 Short Stories 4:00 Drums for Fun 4:30 Therabands 5:00 Movie	3:30 Exercises 4:00 Learn About the Stars and Constellations 4:30 Ball Toss 5:00 Movie Crafts All Day	3:00 Spelling Bee 3:30 Golf 4:00 Remember When 4:30 Book Review 5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
HAT DAY 10:00 Exercises 10:30 Basketball 11:00 Nails/Share a special Hat! 11:30 Current Events 1:00 Keith Campbell 1:30 Nails/Share a special Hat! 2:00 Iceland 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Word Rhymes 4:30 Hoolahoop Games 5:00 Movie	10:00 Bingo/Tic Tac Toe 10:30 Morning Movement 11:00 Walking Club/Table Games 11:30 Current Events 1:00 Baking/ Bobby Woods Painting 1:30 Spelling Bee 2:00 Seated Strength 3:00 Parachute Games 3:30 Trivia 4:00 Noodle Fight 4:30 Favorite Sayings 5:00 Movies	9:30 Outing to Bowling 10:00 Exercises/Bible Study 10:30 Basketball 11:00 Word Mining 11:30 Current Events 1:00 Rag Top 2:00 Ball Toss 3:00 Yoga w/Jeanni 3:30 Create a Story 4:00 Table Games 4:30 Horseshoes 5:00 Movies	10:00 Bean Bag Toss 10:30 Senior Stretch 11:00 Reverend Glokner 1:00 Retro Metro Depot 2:00 Baking/Crafts/ Home Depot 3:00 Current Events 3:30 Exercises 4:00 History Lesson 4:30 Sports Talk 5:00 Movies Crafts All Day	10:00 Bingo/Corn Hole 10:30 Art Appreciation 11:00 Current Events 11:30 Exercises 1:00 Hangman 2:00 Up and Moving 3:00 Spelling Bee 3:30 Focus on States 4:00 Tic Tac Toe 5:00 Movie

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
10:00 Word Search 10:30 Morning Exercise 11:00 Corn Hole 11:30 Current Events 1:00 You Be the Judge 1:30 Spelling Bee 2:00 Card Games/Golf 2:30 Birthday Pizza Party! 3:00 Yoga w/Jeanni 3:30 Word Rhymes 4:00 Photographs of Nature 4:30 Categories 5:00 Movie	10:00 Bingo 10:30 Morning Movement 11:00 Walking Club/Remember When 11:30 Current Events 1:00 Robbie Vance 2:00 Chair Aerobics 3:00 Balloon Volleyball 4:00 Jokes 4:30 Trivia 5:00 Movie Crafts All Day	10:00 Exercises 10:30 Outing to Glazed Bisque-It/Horseshoes 11:00 Word Mining 11:30 Current Events 1:00 Rag Top 2:00 Coloring Club 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Hangman 4:30 Therabands 5:00 Movie	10:00 Horseracing 10:30 Senior Stretch 11:00 Reverend Glockner 1:00 John Yates 2:00 Short Stories 3:00 Current Events/Men's Group 3:30 Exercises 4:00 Poetry 4:30 Famous Pairs 5:00 Movie Crafts All Day	10:00 Bingo/Corn Hole 10:30 Art Appreciation 11:00 Current Events 11:30 Exercises 1:00 Hangman 2:00 Up and Moving 3:00 Ball Toss 3:30 Focus on States 4:00 Football Talk 5:00 Movie