



# Adult Care Center of Roanoke Valley

## SNACK MENU

**Served with Every Meal:**  
 Orange, Grape and Apple Juices,  
 Skim Milk, and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>CLOSED</b> Labor Day !!	<b>4</b> AM: French Toast Casserole PM: Cheesy Taco Pocket	<b>5</b> AM: Scrambled Eggs w/ Toast PM: Hamburger sliders w/ chips	<b>6</b> AM: Pancakes w/ syrup PM: Portobello Pizzas	<b>7</b> AM: Oatmeal w/ Fruit PM: Southwestern Rice Bowl
<b>10</b> AM: Sausage Biscuits PM: Rice pudding	<b>11</b> AM: PB & strawberry jam waffle sandwiches PM: Chili cheese fries	<b>12</b> AM: Hash brown Casserole PM: Cheesecake	<b>13</b> AM: Hard boiled Eggs and Bacon w/ Toast PM: Banana Carmel Cream Dessert Cup	<b>14</b> AM: Muffins w/ fruit cups PM: Grilled cheese and tomato sandwiches
<b>17</b> AM: Cheerios with fresh strawberries and bananas PM: Spinach & artichoke dip w/ crackers	<b>18</b> AM: Egg and Cheese Oatmeal PM: BLT pasta salad	<b>19</b> AM: Sausage Gravy and biscuits PM: PB & J sandwiches	<b>20</b> AM: Cheesy Egg Toast PM: Tomato soup and crackers	<b>21</b> AM: Pancakes w/ fruit salad PM: Bread Pudding
<b>24</b> AM: Cheesy Hash browns w/ bacon PM: Frozen fruit Cups	<b>25</b> AM: Breakfast Egg Muffins PM: Cheese crackers	<b>26</b> AM: Corned beef hash w/ Toast PM: Peanut butter truffles	<b>27</b> AM: Cinnamon Raisin Toast w/ fried apples PM: Pizza Roll ups	<b>28</b> AM: Breakfast enchiladas PM: Birthday Pizza Party!!