

ADULT CARE CENTRE OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

BREAKFAST AND AFTERNOON MEAL MENU

Saturday/Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Closed	1. AM: Oatmeal & Fruit PM: Chili Cheese Fries	2. AM: Egg & Cheese Toast PM: Rice Pudding	3. AM: Grits & Toast PM: PBJ Toast	4. AM: Breakfast Burritos PM: Hamburger Sliders & Chips	5. AM: Fried Apples & Bacon PM: Tomato Soup & Crackers
Closed	8. AM: Hashbrowns & Sausage Gravy PM: Yogurt & Granola	9. AM: Cereal & Fruit PM: Banana Pudding	10. AM: Waffle & Fruit PM: Strawberry Shortcake Trifle	11. AM: Muffins & Peaches PM: Grilled Cheese & Bologna	12. AM: Hard Boiled Eggs PM: Spinach Dip & Crackers
Closed	15. AM: Pancakes & Syrup PM: PB&J Sandwich	16. AM: Cinnamon Raisin Toast PM: Pizza Rolls	17. AM: French Toast PM: Peanutbutter Crackers	18. AM: Sausage Gravy & Biscuits PM: Grilled Cheese & Tomato Soup	19. AM: Cheesy Hashbrowns PM: Egg Salad
Closed	22. AM: PB&J Waffle PM: Chicken Salad Sandwich	23. AM: Ham & Cheese Casserole PM: Sweet Potato Pie	24. AM: Corned Beef Hash PM: Pimento Cheese Sandwich	25. AM: Southwestern Rice Bowl PM: Bread Pudding	26. AM: Hashbrown Casserole PM: Cheese Crackers
Closed	29. AM: Cheesy Eggs & Bacon PM: Birthday Pizza Party!	30. AM: Grits & Sausage PM: BLT Pasta Salad	31. AM: Breakfast Enchiladas PM: Pumpkin Pie	<h2>October, 2018</h2> <p>Serving in Every Meals Juices: Orange/Grape/Apple Milk: Skim milk Other Drinks: Coffee/Tea</p>	

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