



MAY 2017

Adult Care Center of Roanoke Valley

LUNCH MENU

Served with Every Meal:

Orange, Grape and Apple Juices,
Skim Milk, and Coffee or Tea

Monday	Tuesday	Wednesday	Thursday	Friday
1 Wheat Bread Chicken Fried Steak Yams Lima Beans Pudding	2 Roll Beef Stroganoff Spinach Carrots JELLO	3 Wheat Bread Chicken Salad Cole Slaw Beets Pears	4 Bun Fish Scalloped Potatoes Mixed Greens Pineapple	5 Roll Meatloaf Baked Beans Peas Cobbler
8 Roll BBQ Beef Mac Broccoli Cinnamon Apples Ice Cream	9 Wheat Bread Chicken Breast w/ Gravy Mashed Potatoes Collard Greens Cookies	10 Bun Hamburger Tossed Salad Corn Mixed Fruit	11 Whole Wheat Bread Ham Cabbage Pinto Beans Bananas	12 Roll Chicken Rice Casserole Green Beans Stewed Tomatoes Peaches
15 Roll Tuna Casserole Peas Carrots JELLO	16 Wheat Bread Turkey Casserole Yams Mixed Vegetables Pineapples	17 Roll Spaghetti w/ Meat Sauce Corn Lima Beans Pears	18 Wheat Bread Shepherd's Pie Spinach Stewed Tomatoes JELLO	19 Bun Fried Chicken Breast Tossed Salad Cole Slaw Cookie
22 Roll Chicken Pot Pie Beets Spinach Cinnamon Apples	23 Wheat Bread Chicken Salad Corn Peas Peaches	24 Roll Salisbury Steak Scalloped Potatoes Mixed Vegetables Bananas	25 Roll Lasagna Carrots Broccoli Sherbert	26 Wheat Bread Fish Roasted Potatoes Green Beans Mixed Fruit
29 CLOSED FOR MEMORIAL DAY!	30 Bun Hamburger Roasted Potatoes Succotash Pears	31 Roll Beef Stew Beets Peaches Pudding		