

**ADULT CARE CENTER OF ROANOKE VALLEY**

2321 Roanoke Boulevard, Salem, VA 24153

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**MAY 2024**

**Breakfast and Snack Menu**

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>05/01</b> French Toast, Sausage, Milk & Juice  P.M. Snack Red, White & Blue Fruit Salad & Pretzels	<b>05/02</b> Assorted Cereals W. Bananas, Milk & Juice  P.M. Snack Butterscotch Brownies, Vanilla Ice Cream	<b>05/03</b> Bacon, Eggs, WW Toast W/Apple Butter, Milk & Juice  P.M. Snack Dream Cycles, & Graham Crackers
<b>05/06</b> Waffles & Sausage, Milk & Juice  P.M. Snack Puff Corn & Tangerine Slices	<b>05/07</b> Assorted Muffins & Mixed Berries Milk & Juice  P.M. Snack Bagel Bites & Raisins	<b>05/08</b> Assorted Cereals W/Bananas Milk & Juice  P.M. Snack Double Chocolate Coca Cola Cake	<b>05/09</b> Scrambled Eggs & Sausage, Milk & Juice  P.M. Snack  Chocolate Covered Thermometers & applesauce.	<b>05/10</b> Breakfast Casserole, Fruit Cocktail, Milk & Juice  P.M. Snack Vanilla Cupcakes & Jello Wiggles
<b>05/13</b> Bacon, Eggs, English Muffins w/ Apple Butter, Milk & Juice  P.M. Snack	<b>05/14</b> Breakfast Croissants w/raspberries and blueberries, Milk & Juice  P.M. Snack	<b>05/15</b>  Assorted Cereals, Bananas, Milk & Juice  P.M. Snack	<b>05/16</b> Sausage Gravy & Biscuits, Milk & Water  P.M. Snack	<b>05/17</b> Cinnamon Toast Stix and Bacon, Milk & Juice  P.M. Snack

<b>Pimento Cheese Sandwiches &amp; Applesauce</b>	<b>Oreo Pops &amp; Cheetos</b>	<b>Crackers &amp; Cheese Bites</b>	<b>Trail Mix &amp; Peanut Butter Crackers</b>	<b>Gingerbread People &amp; Vanilla Ice Cream</b>
<b>05/20</b> Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice  P.M. Snack Mini Corndogs and cookies	<b>05/21</b> Cinnamon Rolls, Strawberries & Blueberries Milk & Juice  P. M. Snack Cinnamon Chex Mix & Yogurt	<b>05/22</b> Sausage biscuits W/ jelly or Mustard, Milk, and juice  P.M. Snack Mini Tacos and Churros	<b>05/23</b> Assorted Cereals W/ Bananas, Milk, and Juice  P.M. Snack Pretzels and cheese bites	<b>05/24</b> Scrambled Eggs, sausage, WW Toast  P/M. Snack
<b>05/27</b> Pancakes, Sausage, Milk & Juice  P.M. Snack No Bake Turtle Dream Bars & Vampire Punch	<b>05/28</b> Assorted Cereals W/Bananas, milk, and juice  P.M. Snack Peanut butter crackers & popsicles	<b>05/29</b> Sausage gravy and biscuits, milk, and juice  P.M. Snack Assorted Donuts Fruit Punch	<b>05/30</b> Blueberry waffles W/ lite syrup, Bacon, milk, and juice  P.M. Snack Buffalo Chicken Dip and corn chips	<b>05/31</b> Scrambled Eggs, Bacon, WW Toast Milk & Juice  P.M. Snack Pineapple Upside Down Cake & pretzel sticks