

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

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JULY 2024

Breakfast and Snack Menu

Cereal, milk, whole wheat toast is available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
07/01 Scrambled Eggs, Sausage Patties, Milk & Juice P.M. Snack Strawberry Shortcake W/ Whipped Cream Strawberry & Cream Day	07/02 Pancakes & Bacon, Milk & Juice P.M. Snack Cheese Sticks & Apples	07/03 French Toast, Sausage Links, Milk & Juice P.M. Snack Peach Popsicles National Peach Day	07/04 CLOSED 4 th OF JULY	07/05 Assorted Donuts &Cantaloupe, Milk & Juice P.M. Snack Chocolate Ice Cream, & Graham Crackers
07/08 Waffles & Sausage, Milk & Juice P.M. Snack Puff Corn & Baby Ruth Candy Bars	07/09 Assorted Muffins & Mixed Berries Milk & Juice P.M. Snack Bagel Bites & Raisins	07/10 Assorted Cereals W/Bananas Milk & Juice P.M. Snack German Chocolate Cake	07/11 Scrambled Eggs Ham & Biscuits, Milk & Juice P.M. Snack Chocolate Covered Thermometers & applesauce.	07/12 Breakfast Casserole, Fruit Cocktail, Milk & Juice P.M. Snack Vanilla Cupcakes & Jello Wiggles
07/15 Bacon, Eggs, English Muffins w/ Apple Butter, Milk & Juice P.M. Snack Pimento Cheese Sandwiches & Gummy worms National Gummy	07/16 Breakfast Croissants w/raspberries and blueberries, Milk & Juice P.M. Snack Oreos & Cheetos	07/17 Assorted Cereals, Bananas, Milk & Juice P.M. Snack Let's Make Smores Day!	07/18 Sausage Gravy & Biscuits, Milk & Water P.M. Snack Ice Cream Soda Floats made w/Bryers Ice Cream	07/19 Cinnamon Toast Stix and Bacon, Milk & Juice P.M. Snack Mini Tacos and Churros

<p>07/22 Blueberry Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice</p> <p>P.M. Snack Mini Corndogs and cookies</p>	<p>07/23 Jelly Biscuits Strawberries & Blueberries Milk & Juice</p> <p>P. M. Snack Yogurt & Orange Slices</p> <p>Nation Jam & Jelly Day</p>	<p>07/24 Assorted Cereals W/ Bananas, Milk, and Juice</p> <p>P.M Snack Peanut butter crackers & Peaches</p>	<p>07/25 Sausage biscuits W/ jelly or Mustard, Milk, and juice</p> <p>P.M. Snack Sparkling Grape Juice & Cheese Hot Fudge Sundaes</p>	<p>07/26 Jelly Donuts, Fruit, Milk & Juice</p> <p>P/M. Snack Birthday Cake June B-day Celebration</p>
<p>07/29 Assorted Muffins & Mixed Berries Milk & Juice</p> <p>P.M. Snack Bagel Bites & Raisins 07/29</p>	<p>07/30 Scrambled Eggs Ham & Biscuits, Milk & Juice</p> <p>P.M. Snack Cranberry White Chocolate Oatmeal Cookies Chocolate Milk</p>	<p>07/31</p> <p>Sausage biscuits W/ jelly or Mustard, Milk, and juice</p> <p>P.M Snack Peanut butter crackers & Jelly Beans</p> <p>National Jelly Bean Day</p>		