

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

DECEMBER 2024 LUNCH MENU

NOTE: 1% MILK, WATER, TEA COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
12/02	12/03	12/04	12/05	12/06
Beef Chili w/beans, Corn Bread, Corn, Water & Milk	Chicken Noodle Soup, Peanut butter & Jelly Sandwiches on WW bread Jello, Milk & Water	Spaghetti W/ meat sauce, Garden Salad, French Bread, Pound Cake, Milk & Water	Turkey sandwiches W LTM, Pasta Salad W/ Tomatoes, Cucumber, Onions Ranch Dressing, Mixed Fruit Milk & Water	Country Style Steak, Mashed Potatoes, Broccoli Medley, WW Rolls, Fruit Cocktail, Milk & Water
12/09	12/10	12/11	12/12	12/13
Beef Nachos, W/Lettuce Tomato Onion, Cheese, Sour Cream, Salsa, Corn, Churro Twist, Milk & Water	Tomato Soup, Grilled Cheese Sandwiches on WW Bread, Potato Chips, Pears, Milk & Water	Meat Loaf, Mashed Potatoes, Peas, WW Rolls, Fruit Cocktail Milk & Water	Vegetable Soup, Corn Muffins, Peaches Milk & Water	Ham & Cheese Sliders on WW rolls, Baked Beans, Macaroni & Cheese, Strawberries & Blueberries, Milk & Water
12/16	12/17	12/18	12/19	12/20
Potato Soup, Ham & Cheese Sandwich on WW Bread Cheesecake, Milk & Water	Hot Dogs W/ Chili, Potato Salad, Peas, Milk & Water	Seasoned Pork Loin, Sweet Potato's Coleslaw, WW Rolls, Pears Milk & Water	Chicken Tenders, Seasoned Fries, Green Beans, WW Rolls, Peaches Milk & Water	Pizza, Cheese Sticks, Corn, Peaches Milk & Water

12/23	12/24	12/25	12/26	12/27
Baked Ham, Macaroni Salad, Stuffing, Green Beans, Mashed Potatoes, Assorted Pies, WW Rolls, Milk & Water	CLOSED CHRISTMAS HOLIDAY	CLOSED CHRISTMAS HOLIDAY	Chicken Noodle Soup PB&J Sandwiches, Pound Cake, Milk & Water	Ham & Cheese Sandwiches, Potato Chips,
12/30	12/31			
Broccoli & Cheese Soup, Turkey Sandwiches, Peaches, Milk & Water	Open Face Roast Beef Sandwiches, Mashed Potatoes, Peas, Milk & Water			