

**ADULT CARE CENTER OF ROANOKE VALLEY**

2321 Roanoke Boulevard, Salem, VA 24153

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**APRIL 2025**

**Breakfast and Snack Menu**

Cereal, milk, and whole wheat toast is available as substitutes for AM Breakfast.

Serving with morning Breakfast: 100 percent juices: Orange & Grape

1% Milk, Coffee. Substitutes For PM Snack: Animal Crackers, Ritz Crackers, Fruit Cups,

Whole Grain Bread. Serving with PM: 1% Milk, Water, Coffee upon request.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>04/01</b> Breakfast Croissants w/raspberries and blueberries, Milk & Juice P.M. Snack Yogurt & Mini Banana Nut Muffins	<b>04/02</b> Eggs, Bacon, English Muffins, Apple Butter, Milk & Juice  P.M. Snack Little Smokies & Cheese Sticks	<b>04/03</b> French Toast, Sausage Patties Milk & Juice  P.M. Snack Chocolate Mousse Pretzel Sticks Chocolate Mousse DAY!!!	<b>04/04</b> Cheerios & Bananas, Milk & Juice  P.M. Snack Graham Crackers & Peanut Butter
<b>04/07</b> Waffles & Sausage, Milk & Juice  P.M. Snack Pizza Rolls and Grapes	<b>04/08</b> Assorted Muffins Blueberry & Cinnamon & Mixed Berries Milk & Juice  P.M. Snack Mozzarella Cheese Sticks Ranch Dip & Apples	<b>04/09</b> Cheerios W/Bananas, Milk & Juice  P.M. Snack Crackers & Cheese Cantaloupe	<b>04/10</b> Scrambled Eggs Bacon & Biscuits, Milk & Juice  P.M. Snack Orange Slices Pig In A Blanket	<b>04/11</b> Breakfast Casserole, Fruit Cocktail, Milk & Juice  P.M. Snack Jello & Fruit Cocktail, Peanut Butter Toast
<b>04/14</b> Bacon, Eggs, English Muffins w/ Apple Butter, Milk & Juice  P.M. Snack Corndogs & Cheetos	<b>04/15</b> Cheerios, Bananas Milk & Juice  P.M. Snack Cracker Jacks, and M & M's  Jackie Robinson Day	<b>04/16</b> German Pancakes Bananas, Milk & Juice  P.M. Snack  Tortilla Pinwheels & Chips	<b>04/17</b> Sausage Gravy & Biscuits, Milk & Water  P.M. Snack Ground Beef Taco Dip and Chips	<b>04/18</b> French Toast and Bacon, Milk & Juice  P.M. Snack Jello and Animal Crackers

<p><b>04/21</b>  <b>Blueberry Pancakes W/Lite Syrup, Sausage Links, Milk, and Juice</b></p> <p><b>P.M. Snack</b>  <b>Mini Corndogs &amp; Chocolate Covered Raisins</b></p>	<p><b>04/22</b>  <b>Assorted Muffins Blueberry, Orange Cranberry Strawberries &amp; Blueberries Milk &amp; Juice</b></p> <p><b>P. M. Snack</b>  <b>Yogurt &amp; Jellybeans</b>  <b>Guess how many and what flavor</b>  <b>Jellybeans</b></p> <p><b>National Jellybean Day</b></p>	<p><b>04/23</b>  <b>Cheerios W/ Bananas, Milk, and Juice</b></p> <p><b>P.M Snack</b></p> <p><b>Peanut butter crackers &amp; Peaches</b></p>	<p><b>04/24</b>  <b>Scrambled Eggs, Sausage Patties, Milk &amp; Juice</b></p> <p><b>P.M. Snack</b>  <b>Root beer Floats</b>  <b>Sugar Free Root beer &amp; Vanilla Ice cream</b></p>	<p><b>04/25</b>  <b>Sausage Egg &amp; Cheese Biscuits Bananas Milk &amp; Juice</b></p> <p><b>P.M. Snack</b>  <b>Birthday Cake &amp; Ice Cream</b>  <b>Celebrating April Birthdays</b></p>
<p><b>04/28</b>  <b>Assorted Muffins &amp; Mixed Berries Milk &amp; Juice</b></p> <p><b>P.M. Snack</b>  <b>Bagel Bites &amp; Grapes</b></p>	<p><b>04/29</b>  <b>Sausage biscuits W/ jelly or Mustard, Milk, and juice</b></p> <p><b>P.M Snack</b>  <b>Peanut butter crackers &amp; Apples</b></p>	<p><b>04/30</b>  <b>Cheerios, Bananas, Milk &amp; Juice</b></p> <p><b>P.M. Snack</b></p> <p><b>Pudding Cups &amp; Raisins</b></p>		