

ADULT CARE CENTER OF ROANOKE VALLEY  
 2321 Roanoke Boulevard, Salem Virginia  
 Phone – 540-981-2350 Fax - 540-981-2353

### JUNE 2025 LUNCH MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
06/02	06/03	06/04	06/05	06/06
Mongolian Ground Beef and Vegetables. White rice, WW Rolls, Milk & Water	BBQ Pork Sliders on Pretzel Rolls, Jalapeno Slaw, Tater Tots, Peaches, Milk & Water	Cheesy Chicken, Broccoli & rice casserole, WW rolls, cantaloupe. Milk & Water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Pineapple upside down Cake, Milk & Water	Chicken Salad on Croissants, Potato Chips, Grapes, Milk & Water
06/09	06/10	06/11	06/12	06/13
Baked Ziti, Garden Salad, Assorted Dressings, Bread Sticks, Watermelon, Milk & Water	Chicken and Cheese Quesadillas, Corn, Rice Chocolate Chip Cookies Milk & Water	Club Sandwiches, Potato Salad, Apples, Milk & Water	Salad w/Grilled Chicken, assorted Dressings, Bread Sticks, Cantaloupe, Milk & Water	Hibachi steak W/ Fried Rice WW Rolls, Strawberries & Milk & Water
06/16	06/17	06/18	06/19	06/20
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Spaghetti with Meat Sauce, Tossed Salad, WW Rolls, Pineapple Upside Down Cake, Milk & Water	Cheeseburgers on Bun, W/ LTM, Mac & Cheese, Baked Beans, Milk & Water	Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Peaches Milk & Water	Buffalo Chicken Wrap, W/ Bacon, Ranch dressing Chips, Orange slices Milk & Water

06/23	06/24	06/25	06/26	06/27
Italian Sub Sandwiches, French Fries, Peas, Milk & Water	Chicken Pot Pie, Side salad, WW/ Rolls, Milk & Water	Hawaiian Meatballs, Wild Rice, Corn, Hawaiian Rolls, Milk & Water	Chicken Fajitas on WW tortilla, Black beans, Mexican Rice, onions, peppers and Pineapple, milk and water	Country Style Steak and Gravy, Mashed Potatoes, Peas, WW Rolls, Blue Berries, Milk and Water

06/30				
Personal Pan Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water				