




Adult Care Center of Roanoke Valley

Activity Calendar February 2026

February

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals (See attached menu) 9:30 AM – Breakfast 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Page</p>	<p>The Caregivers' Support Group is held on the 2nd Tuesday of every month! Save the date of Tuesday, February 10th, 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.</p>			

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
10:00 Pledge Allegiance 10:05 Current Events 10:30 February IQ 11:00 45 Fun Facts 11:30 Exercises 1:00 Board Games 2:00 Exercises 3:00 Movie: Unbroken 5:00 Person Centered Groundhog Day	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercises 1:00 Music Therapy 2:00 Exercises 3:00 Movie: Back in Action 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mtn Zoo 11:00 Thorn Categories 11:30 Exercise 1:00 Exercise 1:30 World War II 3:00 Movie Red Notice 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current events 10:15 Bus Outing 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Nails 3:00 Movie: The Union 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Rosa Parks facts 11:00 Balloon Volleyball 11:30 Word Search 1:00 Exercise 1:30 Wii Bowling 3:00 Movie: Harriet 5:00 Person Centered Jersey Day
Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercise 11:00 Pizza Fun Facts 11:30 Pizza Lover 1:00 Easy Pickens 2:00 Exercise 3:00 Movie: Lift 5:00 Person Centered Pizza Day	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:00 Golf/ Corn Hole 11:30 Exercises 1:00 Music Therapy 2:00 Exercises 3:00 Movie: The Grey Man 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 MLB Hall of Fame Trivia 11:30 Exercise 1:00 Exercise 1:30 Nicknames 2:00 Happy/Grumpy Balloon Toss 3:00 Movie: Rebel Moon 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Crafts 3:00 Nails 3:00 Movie: Fatherhood 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Virtual Field Trip (Japan) 11:30 Wii Golf 1:00 Exercise 1:30 Bingo 3:00 Movie: After 5:00 Person Centered Pajama Day

Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
10:00 Pledge Allegiance 10:05 Current events 10:30 35 Acts of Kindness 11:30 Exercise 1:00 Exercise 1:30 Mixed up Friendship Movies 2:00 Friendship Quotes 3:00 Movie: Dog Gone 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Golf/Corn Hole 2:00 Balloon Volleyball 3:00 Movie: The Life List 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:15 Scenic Outing 10:30 The Gong Show 11:30 Exercise 1:00 Exercise 1:30 Gardening Project 3:00 Movie: True Spirit 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Nails 3:00 Movie: Where the Tracks End 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Nascar Fast Facts 11:30 Balloon Soccer 1:00 Exercise 1:30 Bingo 3:00 Movie: Not Easily Broken 5:00 Person Centered Twin Day
Monday	Tuesday	Wednesday	Thursday	Friday
23	24	25	26	27
10:00 Pledge Allegiance 10:05 Current Events 10:30 Carol Burnette Show 11:30 Exercise 1:00 Exercise 1:30 Name that Tune 2:00 Elvis Presley doc. 3:00 Movie: Nonnas 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Keith Campbell 2:00 Exercise 3:00 Movie: The Half of it 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 11:30 Exercise 1:00 Joe Bass 2:00 Exercise 3:00 Movie: We Have a Ghost 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercises 1:30 Bingo 3:00 Nails 3:00 Movie: Rim of the World 5:00 Person Centered	10:00 Pledge Allegiance 10:30 Bingo Store 11:00 Marc Baskins 11:30 Wii Tennis 1:00 Exercise 1:30 Lent 2:00 American First Lady 3:00 Movie: Carry-On 5:00 Person Centered Inside Out Day

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