

**Adult Care Center of Roanoke Valley  
Activity Calendar February 2026**

# **February**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Meals (See attached menu)</b> <b>9:30 AM – Breakfast</b> <b>12 Noon – Lunch</b> <b>2:30 PM – Snack</b></p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Page</p>	<p><b>The Caregivers' Support Group is held on the 2<sup>nd</sup> Tuesday of every month!</b> Save the date of <b>Tuesday, February 10th, 1:30 – 3 pm.</b> Held at <b>ACCRV Conference Room.</b> <b>Contact Pam Phipps if you have any questions.</b></p>			

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> February IQ <b>11:00</b> 45 Fun Facts <b>11:30</b> Exercises <b>1:00</b> Board Games <b>2:00</b> Exercises <b>3:00</b> Movie: Unbroken <b>5:00</b> Person Centered  <b>Groundhog Day</b>	<b>3</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Bingo</b> <b>11:30</b> Exercises <b>1:00</b> Music Therapy <b>2:00</b> Exercises <b>3:00</b> Movie: Back in Action <b>5:00</b> Person Centered	<b>4</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Mill Mtn Zoo <b>11:00</b> Thorn Categories <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> World War II <b>3:00</b> Movie Red Notice <b>5:00</b> Person Centered	<b>5</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:15</b> Bus Outing <b>10:30</b> <b>Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> <b>Bingo</b> <b>3:00</b> Nails <b>3:00</b> Movie: The Union <b>5:00</b> Person Centered	<b>6</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Rosa Parks facts <b>11:00</b> Balloon Volleyball <b>11:30</b> Word Search <b>1:00</b> Exercise <b>1:30</b> Wii Bowling <b>3:00</b> Movie: Harriet <b>5:00</b> Person Centered  <b>Jersey Day</b>
<b>Monday</b> <b>9</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Exercise <b>11:00</b> Pizza Fun Facts <b>11:30</b> Pizza Lover <b>1:00</b> <b>Easy Pickens</b> 2:00 Exercise <b>3:00</b> Movie: Lift <b>5:00</b> Person Centered  <b>Pizza Day</b>	<b>10</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Bingo</b> <b>11:00</b> Golf/ Corn Hole <b>11:30</b> Exercises <b>1:00</b> Music Therapy <b>2:00</b> Exercises <b>3:00</b> Movie: The Grey Man <b>5:00</b> Person Centered	<b>11</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> MLB Hall of Fame Trivia <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Crafts <b>3:00</b> Nails <b>3:00</b> Movie: Fatherhood <b>5:00</b> Person Centered	<b>12</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:30</b> <b>Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> <b>Bingo</b> <b>3:00</b> Nails <b>3:00</b> Movie: Fatherhood <b>5:00</b> Person Centered	<b>13</b> <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Virtual Field Trip (Japan)</b> <b>11:30</b> Wii Golf <b>1:00</b> Exercise <b>1:30</b> <b>Bingo</b> <b>3:00</b> Movie: After <b>5:00</b> Person Centered  <b>Pajama Day</b>

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<b>16</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current events <b>10:30</b> 35 Acts of Kindness <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Mixed up Friendship Movies <b>2:00</b> Friendship Quotes <b>3:00</b> Movie: Dog Gone <b>5:00</b> Person Centered	<b>17</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Bingo</b> <b>11:30</b> Exercise <b>1:00</b> Golf/Corn Hole <b>2:00</b> Balloon Volleyball <b>3:00</b> Movie: The Life List <b>5:00</b> Person Centered	<b>18</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:15</b> Scenic Outing <b>10:30</b> The Gong Show <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Gardening Project <b>3:00</b> Movie: True Spirit <b>5:00</b> Person Centered	<b>19</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Church Service</b> <b>11:30</b> Exercise <b>1:00</b> <b>Saxy Keys</b> <b>2:00</b> Exercise <b>3:00</b> Nails <b>3:00</b> Movie: Where the Tracks End <b>5:00</b> Person Centered	<b>20</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Nascar Fast Facts <b>11:30</b> Balloon Soccer <b>1:00</b> Exercise <b>1:30</b> <b>Bingo</b> <b>3:00</b> Movie: Not Easily Broken <b>5:00</b> Person Centered  <b>Twin Day</b>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>23</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> Carol Burnette Show <b>11:30</b> Exercise <b>1:00</b> Exercise <b>1:30</b> Name that Tune <b>2:00</b> Elvis Presley doc. <b>3:00</b> Movie: Nonnas <b>5:00</b> Person Centered	<b>24</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Bingo</b> <b>11:30</b> Exercise <b>1:00</b> <b>Keith Campbell</b> <b>2:00</b> Exercise <b>3:00</b> Movie: The Half of it <b>5:00</b> Person Centered	<b>25</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>11:30</b> Exercise <b>1:00</b> <b>Joe Bass</b> <b>2:00</b> Exercise <b>3:00</b> Movie: We Have a Ghost <b>5:00</b> Person Centered	<b>26</b>  <b>10:00</b> Pledge Allegiance <b>10:05</b> Current Events <b>10:30</b> <b>Church Service</b> <b>11:30</b> Exercise <b>1:00</b> Exercises <b>1:30</b> <b>Bingo</b> <b>3:00</b> Nails <b>3:00</b> Movie: Rim of the World <b>5:00</b> Person Centered	<b>27</b>  <b>10:00</b> Pledge Allegiance <b>10:30</b> <b>Bingo Store</b> <b>11:00</b> <b>Marc Baskins</b> <b>11:30</b> Wii Tennis <b>1:00</b> Exercise <b>1:30</b> Lent <b>2:00</b> American First Lady <b>3:00</b> Movie: Carry-On <b>5:00</b> Person Centered  <b>Inside Out Day</b>

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