

ADULT CARE CENTER OF ROANOKE VALLEY  
 2321 Roanoke Boulevard, Salem Virginia  
 Phone – 540-981-2350 Fax - 540-981-2353

## FEBRUARY 2026 LUNCH MENU

**NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
02/02	02/03	02/04	02/05	02/06
Club Sandwiches, Potato Chips, Apples, Milk & Water	Grilled Chicken, Mexican Street Corn Pasta Salad, WW Rolls, Milk & Water	Chicken & Dumplings, Peas, Pears, Milk & Water	Chili Mac, Corn Bread, Fruit Salad, Milk & Water	Chicken Sandwich on WW Roll, W/ LTM, Pasta Salad, Pineapples, Milk & Water
02/09	02/10	02/11	02/12	02/13
Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water	Streak Bites, Parmesan Risotto, Brussel Sprouts, WW Rolls, Milk & Water	Shepards Pie, WW Rolls, Pineapple Upside Down Cake, Milk & Water	Chef Salad, assorted Dressings, Bread Sticks, Pears, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
02/16	02/17	02/18	02/19	02/20
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Walking Taco in a Bowl Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips) Mango Cups, WW rolls, Milk & Water	Chicken Salad Sandwich, Macaroni Salad, Peas, Milk & Water	Buffalo Chicken Sliders WW Roll, Banana, Potato Chips, Milk & Water

02/23	02/24	02/25	02/26	02/27
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Sliders on WW Roll, Mac & Cheese, Corn, Milk & Water	Country Style Steak, Mashed Potatoes, Green Beans, Rolls, Milk & Water	Ham & Cheese Sliders on WW Rolls, Green Beans, Tater Tots, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

