

# Adult Care Center of Roanoke Valley Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>The <b>Caregiver's Support Group</b> is held the second Tuesday of every month.</p> <p>Save Date of: <b>Tues. February 12, 2018</b> <b>1:30-3:00 p.m.</b> ACCRV Conference Room</p>	<p><b>Meals (see attached menu)</b></p> <p>9:30 – AM Snack 12 Noon – Lunch 2:30 PM – Snack</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	<p><b>1</b></p> <p><b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> <b>Marc Baskind</b> <b>11:30</b> Exercises <b>1:00</b> Categories <b>1:30</b> Groundhog Day Secret Quote <b>2:00</b> Up and Moving <b>3:00</b> Current Events <b>3:30</b> Spelling Bee <b>4:00</b> Weather Forecasting Groundhog <b>4:30</b> Remember When <b>5:00</b> Movie</p>
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b></p> <p><b>10:00</b> Exercises <b>10:30</b> Basketball</p>	<p><b>5</b></p> <p><b>10:00</b> Bingo/Let's Make A Deal <b>10:30</b> Morning Movement</p>	<p><b>6</b></p> <p><b>10:00</b> Exercises <b>10:30</b> <b>Outing: Franks</b> <b>Pizza/Whoopi Goldberg</b></p>	<p><b>7</b></p> <p><b>10:00</b> Exercises <b>10:30</b> Golf <b>11:00</b> <b>Rev. Glokner</b></p>	<p><b>8</b></p> <p><b>10:00</b> Bingo/Let's Make A Deal <b>10:30</b> Current Events</p>

<p><b>11:00</b> Ground Hog Words  <b>11:30</b> Current Events  <b>1:00</b> <b>Marie Anderson</b>  <b>2:00</b> Visiting Costa Rica  <b>3:00</b> Afternoon Workout  <b>3:30</b> Bean Bag Toss  <b>4:00</b> Mixed Up Ground Hog Day Unscramble  <b>4:30</b> Hula-hoop Games  <b>5:00</b> Movie</p>	<p><b>11:00</b> Collages/Table Games  <b>11:30</b> Current Events  <b>1:00</b> Be My Valentine Words  <b>1:30</b> Brown Bag  <b>2:00</b> Seated Strength  <b>3:00</b> Parachute Games  <b>3:30</b> Trivia  <b>4:00</b> Noodle Fight  <b>4:30</b> Horseracing  <b>5:00</b> Movie</p>	<p><b>11:00</b> Word Mining  <b>11:30</b> Current Events  <b>1:00</b> <b>B-Sharps</b>  <b>2:00</b> Corn Hole Tournament  <b>3:00</b> Afternoon Workout  <b>3:30</b> President's Day Crossword  <b>4:00</b> Drums for Fun  <b>4:30</b> Therabands  <b>5:00</b> Movie</p>	<p><b>1:00</b> Not-So-Presidential Code Names  <b>1:30</b> Darts  <b>2:00</b> Word Mining  <b>3:00</b> Current Events  <b>3:30</b> Exercises  <b>4:00</b> First Ladies Who Am I?  <b>4:30</b> Ball Toss  <b>5:00</b> Movie</p>	<p><b>11:00</b> Interesting/Noteworthy Presidential Quotes  <b>11:30</b> Exercises  <b>1:00</b> Categories  <b>1:30</b> Mixed Up Valentine's Day Unscramble  <b>2:00</b> Up and Moving  <b>3:00</b> Current Events  <b>3:30</b> "LOVE" Fill in the Blank  <b>4:00</b> President's Trivia  <b>4:30</b> History Lesson  <b>5:00</b> Movie</p>
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<p><b>10:00</b> Exercises  <b>10:30</b> Basketball  <b>11:00</b> Council Meeting  <b>11:30</b> Current Events  <b>1:00</b> Happy Valentine's Day Mining  <b>1:30</b> Songs of the Heart  <b>2:00</b> Visiting Greece  <b>3:00</b> <b>Yoga w/Jeanni</b>  <b>3:30</b> Bean Bag Toss  <b>4:00</b> Word Rhymes  <b>4:30</b> Hoolahoop Games  <b>5:00</b> Movie</p>	<p><b>10:00</b> Bingo/Let's Make A Deal  <b>11:00</b> Morning Movement/Table Games  <b>11:30</b> Current Events  <b>1:00</b> <b>Keith Campbell</b>  <b>2:00</b> Seated Strength  <b>3:00</b> Parachute Games  <b>3:30</b> Heart Categories  <b>4:00</b> Noodle Fight  <b>4:30</b> Horseracing  <b>5:00</b> Movie</p>	<p><b>10:00</b> Exercises  <b>10:30</b> Basketball  <b>11:00</b> Word Mining  <b>11:30</b> Current Events  <b>1:00</b> Hangman  <b>1:30</b> Golf  <b>2:00</b> Ball Toss  <b>3:00</b> Afternoon Workout  <b>3:30</b> Create a Story  <b>4:00</b> Hollywood Couples  <b>4:30</b> Darts  <b>5:00</b> Movie</p>	<p><b>Valentine's Day</b>  <b>10:00</b> Exercises  <b>10:30</b> <b>Outing</b>  <b>Bowling/Horseracing</b>  <b>11:00</b> <b>Rev. Glokner</b>  <b>1:00</b> <b>Saxy Keys</b>  <b>3:00</b> Current Events  <b>3:30</b> Exercises  <b>4:00</b> Valentine's Day Double  <b>4:30</b> Ball Toss  <b>5:00</b> Movie</p>	<p><b>10:00</b> Bingo/Let's Make A Deal  <b>11:00</b> Current Events  <b>11:30</b> Exercises  <b>1:00</b> Happy Valentine's Day Crossword  <b>1:30</b> What Am I?  <b>2:00</b> Up and Moving  <b>3:00</b> Spelling Bee  <b>3:30</b> Golf  <b>4:00</b> Remember When  <b>4:30</b> Tall Tales  <b>5:00</b> Movie</p>

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>President's Day</b> <b>10:00</b> Exercises <b>10:30</b> Basketball <b>11:00</b> Commander in Chief Mining <b>11:30</b> Current Events <b>1:00</b> History Lesson <b>1:30</b> Let's Chat <b>2:00</b> Visiting Ohio <b>3:00</b> Yoga w/Jeanni <b>3:30</b> Bean Bag Toss <b>4:00</b> Word Rhymes <b>4:30</b> Hoolahoop Games <b>5:00</b> Movie	<b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Morning Movement <b>11:30</b> Current Events <b>1:00</b> <b>Bobby Woods</b> <b>Painting/Seated Strength</b> <b>1:30</b> George Washington Message – 4 letter Words <b>2:00</b> Trivia <b>3:00</b> Parachute Games <b>3:30</b> US Presidents <b>4:00</b> Noodle Fight <b>4:30</b> Hangman <b>5:00</b> Movie	<b>10:00</b> Exercises <b>10:30</b> Basketball <b>11:00</b> Word Mining <b>11:30</b> Current Events <b>1:00</b> <b>Woodsong</b> <b>2:00</b> Coloring Club <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Hangman <b>4:30</b> Therabands <b>5:00</b> Movie	<b>10:00</b> Horseracing <b>10:30</b> Senior Stretch <b>11:00</b> <b>Reverend Glockner</b> <b>1:00</b> <b>Retro Metro</b> <b>2:00</b> Abraham Lincoln Secret Quote <b>3:00</b> Current Events <b>3:30</b> Exercises <b>4:00</b> Coloring Pages <b>4:30</b> Jeopardy <b>5:00</b> Movie	<b>10:00</b> Bingo/Let's Make A Deal <b>10:30</b> <b>Outing:</b> <b>Bowling/Art Appreciation</b> <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> <b>Home Depot/Black</b> History Month Puzzle <b>1:30</b> Parachute Games <b>2:00</b> Up and Moving <b>3:00</b> Mixed-Up Presidents <b>3:30</b> Spelling Bee <b>4:00</b> Ball Toss <b>4:30</b> Short Stories <b>5:00</b> Movie
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	
<b>10:00</b> Exercises <b>10:30</b> Golf <b>11:00</b> Current Events <b>11:30</b> Trivia <b>1:00</b> Memories <b>1:30</b> Hoolahoop Games <b>2:00</b> Black Authors <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Black History Month Message <b>4:30</b> Famous African Americans Who Am I? <b>5:00</b> Movie	<b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Morning Movement <b>11:30</b> Current Events <b>1:00</b> <b>Robbie Vance</b> <b>2:00</b> Seated Strength <b>3:00</b> Parachute Games <b>3:30</b> George Washington Carver Secret Quote <b>4:00</b> Noodle Fight <b>4:30</b> Black History Makers <b>5:00</b> Movie	<b>10:00</b> Exercises <b>10:30</b> Basketball/ <b>Outing:</b> <b>Movie and Lunch</b> <b>11:00</b> Word Mining <b>11:30</b> Current Events <b>1:00</b> <b>Ragtop</b> <b>2:00</b> Coloring Club <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Hangman <b>4:30</b> Therabands <b>5:00</b> Movie	<b>Beach Day</b> <b>10:00</b> Exercises <b>10:30</b> Celebrating African American History Month Discussion <b>11:00</b> <b>Rev. Glokner</b> <b>1:00</b> Current Events <b>1:30</b> Darts <b>2:00</b> Word Mining <b>3:00</b> Beach Memories <b>3:30</b> Exercises <b>4:00</b> African American Trivia <b>4:30</b> Beach Ball Toss <b>5:00</b> Movie	

