

ADULT CARE CENTER OF ROANOKE VALLEY

2321 Roanoke Boulevard, Salem, VA 24153

Phone: 540-981-2350 Fax: 540-981-2353

BREAKFAST AND AFTERNOON SNACK MENUS



Sat/Sun	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Serving with Every Meals</u></p> <p>Juices: Orange/Grape/Apple</p> <p>Drinks: Milk/Coffee</p>					<p>1 AM: Grits & Toast PM: Jello w/Fruit</p>
<p>2/3 Closed</p>	<p>4. AM: Oatmeal w/Raisins PM: Meatball Marinara</p>	<p>5. AM: Toast w/Cheese PM: Chicken Salad Sandwiches</p>	<p>6. AM: Scrambled Eggs PM: Chicken Nuggets</p>	<p>7. AM: Fried Potatoes PM: Carrot Cake</p>	<p>8. AM: Banana Cereal PM: Gold Fish</p>
<p>9/10 Closed</p>	<p>11. AM: French Toast PM: Chicken Noodle Soup & Crackers</p>	<p>12. AM: Oatmeal PM: Pudding</p>	<p>13. AM: English Muffins PM: Turkey and cheese sandwich</p>	<p>14. AM: Pancakes PM: V-Day Cupcakes</p>	<p>15. AM: Strawberry Jelly Toast PM: Pimento Cheese Crackers</p>
<p>16/17 Closed</p>	<p>18. AM: Biscuits w/Gravy PM: Peanutbutter Graham crackers</p>	<p>19. AM: Fried Apples PM: Cherry Pie</p>	<p>20. AM: Cereal w/Milk PM: Crackers & Cheese</p>	<p>21. AM: Cinnamon Raisin Toast PM: Sloppy Joe</p>	<p>22. AM: Cheesy Eggs w/Toast PM: Banana Nut Muffins</p>
<p>23/24 Closed</p>	<p>25. AM: Pancakes PM: Turkey /Cheese Sandwich</p>	<p>26. AM: Apple Butter Toast PM: Chili</p>	<p>27. AM: Hashbrowns PM: Chocolate Cake</p>	<p>28. AM: Biscuits w/Gravy PM: Macaroni Salad</p>	