

Adult Care Center of Roanoke Valley Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>The Caregiver's Support Group is held the second Tuesday of every month.</p> <p>Save Date of: Tues. March 12, 2018 1:30-3:00 p.m. ACCRV Conference Room</p>	<p>Meals (see attached menu)</p> <p>9:30 – AM Snack 12 Noon – Lunch 2:30 PM – Snack</p> <p>Cereal and milk available as an AM snack substitute</p>	<p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.</p>	<p style="text-align: right;">1</p> <p>10:00 Bingo/Let's Make A Deal 11:00 Marc Baskind 1:00 Categories 1:30 Fat Tuesday Mining 2:00 Up and Moving/Home Depot 3:00 Current Events 3:30 Spelling Bee 4:00 Mardi Gras Word Find 4:30 Remember When 5:00 Movie</p>

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
10:00 Exercises 10:30 Basketball 11:00 Hangman 11:30 Current Events 1:00 Marie Anderson 2:00 Visiting New Orleans 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Mixed Up Fat Tuesday 4:30 Hoola-hoop Games 5:00 Movie	10:00 Bingo/Let's Make A Deal 11:00 Morning Movement 11:30 Current Events 1:00 Fat Tuesday Clues 1:30 Brown Bag 2:00 Seated Strength 3:00 Parachute Games 3:30 Trivia 4:00 Noodle Fight 4:30 Horseracing 5:00 Movie	10:00 Exercises 10:30 Outing: Lunch & Scenic Ride/Mardi Gras Music 11:00 Word Mining 11:30 Current Events 1:00 We're All Irish on St. Patty's Day 2:00 Corn Hole Tournament 3:00 Afternoon Workout 3:30 Mardi Gras Secret Message 4:00 Drums for Fun 4:30 Therabands 5:00 Movie	10:00 Exercises 10:30 Golf 11:00 Rev. Glokner 1:00 Mardi Gras Crossword 1:30 Darts 2:00 A Pint of Ale 3:00 Current Events 3:30 Exercises 4:00 Mardi Gras Fun Puzzle 4:30 Ball Toss 5:00 Movie	Mardi Gras 10:00 Bingo/Let's Make A Deal 11:00 Current Events 11:30 Exercises 1:00 Mardi Gras Party 1:30 Let the Good Times Roll (Mardi Gras) 2:00 Up and Moving 3:00 Mardi Gras Masks/Coloring Pages 3:30 Beads Categories 4:00 Mardi Gras Color or Not 4:30 History Lesson 5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
10:00 Exercises 10:30 Basketball 11:00 Council Meeting 11:30 Current Events 1:00 Truth or Blarney 1:30 What Am I? 2:00 Visiting Ireland 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Word Rhymes 4:30 Hoolahoop Games 5:00 Movie	10:00 Bingo/Let's Make A Deal 11:00 Morning Movement 11:30 Current Events 1:00 Keith Campbell 2:00 Seated Strength 3:00 Parachute Games 3:30 Famous Irish Folks-Who Am I? 4:00 Noodle Fight 4:30 Horseracing 5:00 Movie	10:00 Exercises/ Bible Study with Rev. Poff 10:30 Basketball 11:00 Word Mining 11:30 Current Events 1:00 Hangman/St. Patty's Day Craft 1:30 Golf 2:00 Ball Toss 3:00 Afternoon Workout 3:30 Create a Story 4:00 Blarney Stone Mining 4:30 Darts	10:00 Exercises 10:30 Outing Bowling/Horseracing/St. Patty's Day Craft 11:00 Rev. Glokner 1:00 Saxy Keys 3:00 Current Events 3:30 Exercises 4:00 St. Patrick's Day Clues/Solutions 4:30 Ball Toss 5:00 Movie	10:00 Bingo/Let's Make A Deal 11:00 Current Events 11:30 Exercises 1:00 St. Patrick's Day Party 1:30 St. Patrick's Day Word Search 2:00 Up and Moving 3:00 Spelling Bee 3:30 Golf 4:00 St. Patrick's Day Secret Quote 4:30 Reader's Digest

		5:00 Movie		5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
10:00 Exercises 10:30 Basketball 11:00 Saint Categories 11:30 Current Events 1:00 History Lesson 1:30 Let's Chat 2:00 Visiting Swiss Alps 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Word Rhymes 4:30 Hoolahoop Games 5:00 Movie	10:00 Bingo/Let's Make A Deal 11:00 Morning Movement 11:30 Current Events 1:00 Bobby Woods Painting/Seated Strength 1:30 St. Paddy's Day Riddle Jumble 2:00 Trivia 3:00 Parachute Games 3:30 Luck of the Irish Puzzle 4:00 Noodle Fight 4:30 Hangman 5:00 Movie	10:00 Exercises 10:30 Basketball 11:00 Word Mining 11:30 Current Events 1:00 Musician of the Month: Louis Armstrong 1:30 Brown Bag 2:00 Coloring Club 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Hangman 4:30 Therabands 5:00 Movie	10:00 Horseracing 10:30 Senior Stretch 11:00 Reverend Glockner 1:00 Retro Metro 2:00 Famous Irish-Americans Puzzle 3:00 Current Events 3:30 Exercises 4:00 Coloring Pages 4:30 Jeopardy 5:00 Movie	10:00 Bingo/Let's Make A Deal 10:30 Outing: Bowling 11:00 Current Events 11:30 Exercises 1:00 Home Depot/Word Games 1:30 Parachute Games 2:00 Up and Moving 3:00 Reader's Digest 3:30 Spelling Bee 4:00 Ball Toss 4:30 Short Stories 5:00 Movie
Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
10:00 Exercises 10:30 Golf 11:00 Current Events 11:30 Trivia 1:00 Memories 1:30 Hoolahoop Games 2:00 It's Not Easy Being Green 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Let's Talk 4:30 Ball Toss 5:00 Movie	10:00 Bingo/Let's Make A Deal 11:00 Morning Movement 11:30 Current Events 1:00 Robbie Vance 2:00 Seated Strength 3:00 Parachute Games 3:30 Rhyming Words 4:00 Noodle Fight 4:30 Remembering: Michael Kaine 5:00 Movie	10:00 Exercises 10:30 Basketball/ Outing: Movie and Lunch 11:00 Word Mining 11:30 Current Events 1:00 Ragtop 2:00 Coloring Club 3:00 Yoga w/Jeanni 3:30 Bean Bag Toss 4:00 Hangman 4:30 Therabands 5:00 Movie	10:00 Exercises 10:30 Current Events 11:00 Rev. Glokner 1:00 John Yates 2:00 Word Mining 3:00 Balloon Volleyball 3:30 Exercises 4:00 Jeopardy 4:30 Childhood Memories 5:00 Movie	10:00 Bingo/Let's Make a Deal 10:30 Outing: Quilt Show 11:00 Current Events 11:30 Exercises 1:00 Poetry 1:30 Parachute Games 2:00 Up and Moving 3:00 Humor 3:30 Spelling Bee 4:00 Short Stories 5:00 Movies