

# Adult Care Center of Roanoke Valley

## Activity Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>1</b></p> <p><b>10:00</b> Basketball  <b>10:30</b> Exercises  <b>11:00</b> Practical Jokes                      Word Mining  <b>11:30</b> Current Events  <b>1:00</b> <b>Marie Anderson</b>  <b>2:00</b> Visiting Egypt  <b>3:00</b> <b>Yoga w/Jeanni</b>  <b>3:30</b> Bean Bag Toss  <b>4:00</b> About April                      Fool's Day  <b>4:30</b> Hoola-hoop                      Games  <b>5:00</b> Movie</p>	<p style="text-align: right;"><b>2</b></p> <p><b>10:00</b> Bingo/Let's Make                      A Deal  <b>11:00</b> Morning Movement  <b>11:30</b> Current Events  <b>1:00</b> April Fool's Day                      Around The World  <b>1:30</b> Brown Bag  <b>2:00</b> Seated Strength  <b>3:00</b> Parachute Games  <b>3:30</b> Trivia  <b>4:00</b> Noodle Target Toss  <b>4:30</b> Horseracing  <b>5:00</b> Movie</p>	<p style="text-align: right;"><b>3</b></p> <p><b>10:00</b> Fool Your Neighbor  <b>10:30</b> <b>Outing: Lunch &amp;</b>  <b>Scenic Ride/Exercises</b>  <b>11:00</b> Funny Mix-Up  <b>11:30</b> Current Events  <b>1:00</b> April Fools' Riddle                      Jumble  <b>1:30</b> April Showers                      Pictures  <b>2:00</b> Corn Hole                      Tournament  <b>3:00</b> Afternoon Workout  <b>3:30</b> Spelling April Fools'                      Day  <b>4:00</b> Drums for Fun  <b>4:30</b> Therabands  <b>5:00</b> Movie</p>	<p style="text-align: right;"><b>4</b></p> <p><b>10:00</b> Golf  <b>10:30</b> Exercises  <b>11:00</b> <b>Rev. Glokner</b>  <b>1:00</b> April Fish                      Crossword/<b>Home Depot</b>  <b>1:30</b> Darts/Bowling  <b>2:00</b> Charades  <b>3:00</b> Current Events  <b>3:30</b> Exercises  <b>4:00</b> Practical Jokes on TV  <b>4:30</b> Ball Toss  <b>5:00</b> Movie</p>	<p style="text-align: right;"><b>5</b></p> <p><b>10:00</b> Bingo/Let's Make                      A Deal  <b>11:00</b> <b>Marc Baskind</b>  <b>11:30</b> Exercises  <b>1:00</b> Forest Funnies  <b>1:30</b> Coloring Pages  <b>2:00</b> Laugh Crossword  <b>3:00</b> Up and Moving  <b>3:30</b> Categories  <b>4:00</b> Friday Funnies  <b>4:30</b> History Lesson  <b>5:00</b> Movie</p>

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>10:00</b> Basketball <b>10:30</b> Exercises <b>11:00</b> Council Meeting <b>11:30</b> Current Events <b>1:00</b> You Be the Judge <b>1:30</b> What Am I? <b>2:00</b> Visiting Colorado <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Word Rhymes <b>4:30</b> Golf <b>5:00</b> Movie	<b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Morning Movement <b>11:30</b> Current Events <b>1:00</b> <b>Keith Campbell</b> <b>2:00</b> Seated Strength <b>3:00</b> Parachute Games <b>3:30</b> Name That Tune <b>4:00</b> Noodle Target Toss <b>4:30</b> Horseracing <b>5:00</b> Movie	<b>10:00</b> Exercises/ <b>Bible Study with Rev. Poff</b> <b>10:30</b> Basketball <b>11:00</b> Word Mining <b>11:30</b> Current Events <b>1:00</b> Hangman <b>1:30</b> Golf <b>2:00</b> Ball Toss <b>3:00</b> Afternoon Workout <b>3:30</b> Create a Story <b>4:00</b> Hot Potato <b>4:30</b> Darts/Bowling <b>5:00</b> Movie	<b>10:00</b> Current Events <b>10:30</b> <b>Outing</b> <b>Bowling/Exercises/Tudor</b> Rose Magnet Craft <b>11:00</b> <b>Rev. Glokner</b> <b>1:00</b> <b>Saxy Keys</b> <b>3:00</b> Horse Racing <b>3:30</b> Exercises <b>4:00</b> Planting Trees Crossword <b>4:30</b> Ball Toss <b>5:00</b> Movie	<b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> Tudor Rose Magnet Craft <b>1:30</b> Mixed Up Arbor Day <b>2:00</b> Up and Moving <b>3:00</b> Searching for Trees <b>3:30</b> Golf <b>4:00</b> I Spy <b>4:30</b> Reader's Digest <b>5:00</b> Movie
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>10:00</b> Basketball <b>10:30</b> Exercises <b>11:00</b> Conservation Word Search <b>11:30</b> Current Events <b>1:00</b> History Lesson <b>1:30</b> Let's Chat <b>2:00</b> Visiting New York City <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Word Rhymes <b>4:30</b> Hoolahoop Games <b>5:00</b> Movie	<b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Morning Movement <b>11:30</b> Current Events <b>1:00</b> <b>Bobby Woods</b> <b>Painting/Seated Strength</b> <b>1:30</b> Favorite Foods <b>2:00</b> Trivia <b>3:00</b> Parachute Games <b>3:30</b> The Name Game <b>4:00</b> Noodle Target Toss <b>4:30</b> Hangman <b>5:00</b> Movie	<b>10:00</b> Hot Potato <b>10:30</b> Exercises <b>11:00</b> Easter Match <b>11:30</b> Current Events <b>1:00</b> Musician of the Month: Johnny Cash <b>1:30</b> Passover Craft <b>2:00</b> Bunny Funnies <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Hangman <b>4:30</b> Therabands <b>5:00</b> Movie	<b>10:00</b> Horseracing <b>10:30</b> Senior Stretch <b>11:00</b> <b>Reverend Glockner</b> <b>1:00</b> <b>Retro Metro</b> <b>2:00</b> Passover True or False <b>3:00</b> Current Events <b>3:30</b> Exercises <b>4:00</b> Coloring Pages <b>4:30</b> Jeopardy <b>5:00</b> Movie	<b>Earth Day on Saturday</b> <b>10:00</b> Bingo/Let's Make A Deal <b>10:30</b> <b>Outing: Bowling</b> <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> Jumping For Jelly Beans <b>1:30</b> Parachute Games <b>2:00</b> Up and Moving <b>3:00</b> Easter Craft <b>3:30</b> Spelling Bee <b>4:00</b> Ball Toss <b>4:30</b> Short Stories <b>5:00</b> Movie

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Easter Monday 22</b> <b>10:00</b> Golf <b>10:30</b> Exercises <b>11:00</b> Current Events <b>11:30</b> Earth Day Word Search <b>1:00</b> Easter Egg Add-Up <b>1:30</b> Hoolahoop Games <b>2:00</b> Earth Day Family Feud <b>3:00</b> Yoga w/Jeanni <b>3:30</b> Easter Egg Toss <b>4:00</b> Let's Talk <b>4:30</b> Corn Hole <b>5:00</b> Movie	<b>23</b> <b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Morning Movement <b>11:30</b> Current Events <b>1:00</b> <b>Robbie Vance</b> <b>2:00</b> Seated Strength <b>3:00</b> Parachute Games <b>3:30</b> Earth Day Secret Quote <b>4:00</b> Noodle Target Toss <b>4:30</b> Remembering: John Wayne <b>5:00</b> Movie	<b>24</b> <b>10:00</b> Basketball <b>10:30</b> <b>Exercises/Outing: Movie and Lunch</b> <b>11:00</b> Earth Day Word Mining <b>11:30</b> Current Events <b>1:00</b> <b>Ragtop</b> <b>2:00</b> Coloring Club <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Mixed Up Easter <b>4:30</b> Therabands <b>5:00</b> Movie	<b>25</b> <b>10:00</b> Current Events <b>10:30</b> <b>Exercises</b> <b>11:00</b> <b>Rev. Glokner</b> <b>1:00</b> <b>John Yates</b> <b>2:00</b> Mixed Up Earth Day <b>3:00</b> Balloon Volleyball <b>3:30</b> Exercises <b>4:00</b> Matching State Trees <b>4:30</b> Childhood Memories about Trees <b>5:00</b> Movie	<b>Arbor Day 26</b> <b>10:00</b> Bingo/Let's Make a Deal <b>10:30</b> About Trees <b>11:00</b> Current Events <b>11:30</b> Exercises <b>1:00</b> Trees Word Search <b>1:30</b> Parachute Games <b>2:00</b> Up and Moving <b>3:00</b> Humor <b>3:30</b> Birch Categories <b>4:00</b> Short Stories <b>5:00</b> Movie
<b>Monday 29</b> <b>10:00</b> Golf <b>10:30</b> Exercises <b>11:00</b> Current Events <b>11:30</b> Trivia <b>1:00</b> Arbor Day Secret Message <b>1:30</b> Hoolahoop Games <b>2:00</b> "Trees" by Joyce Kilmer <b>3:00</b> <b>Yoga w/Jeanni</b> <b>3:30</b> Bean Bag Toss <b>4:00</b> Let's Talk <b>4:30</b> Name That Tune <b>5:00</b> Movie	<b>30</b> <b>10:00</b> Bingo/Let's Make A Deal <b>11:00</b> Morning Movement <b>11:30</b> Current Events <b>1:00</b> <b>Robbie Vance</b> <b>2:00</b> Seated Strength <b>3:00</b> Parachute Games <b>3:30</b> Rhyming Trees <b>4:00</b> Noodle <b>4:30</b> Remembering: Phyllis Diller <b>5:00</b> Movie	<b>The Caregiver's Support Group</b> is held the second Tuesday of every month.  Save Date of: <b>Tues. April 9, 2019</b> <b>1:30-3:00 p.m.</b> ACCRV Conference Room	<b>Meals (see attached menu)</b> 9:30 – AM Snack 12 Noon – Lunch 2:30 PM – Snack	Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Board Games, Card Games, Small Crafts, and Coloring Pages.